



The National Board of Physician Nutrition Specialists (NBPNS)

Maintenance of Certification (MOC)

Information for Diplomates

Your NBPNS credential is valid for 5 years. Prior to the expiration date on your certificate, you can choose to MOC by CME credits or by retaking the current examination. For recertification by examination, please go to www.ptcny.com to submit the current examination application.

For Maintenance of Certification by CME credits,

A. Application Requirements:

1. Candidates must have a valid, unrestricted license to practice medicine in at least one U.S. state.
2. Candidates must have been previously certified by an American Board of Medical Specialties member board.
3. Candidates must have been previously certified by taking the NBPNS examination or one of NBPNS' prior iterations (the American Board of Physician Nutrition Specialists (ABPNS, years 2000-2013) or American Board of Nutrition (ABN, years 1948-2000)).
4. Candidates with current NBPNS certification may apply for MOC recognition at any time within their certification window. The Fee for MOC recognition is \$395.
5. Candidates with expired NBPNS certification will have a 5 year, time-limited opportunity to apply for MOC recognition. This window closes on 12-31-21. There will be a \$100 reprocessing fee for those with expired credentials, for a total fee of \$495.

B. Approved Activities, Vendors/Providers and Key Words:

1. Candidate may use only CME Category 1 credits for NBPNS MOC.
2. Credit for NBPNS MOC CME Category 1 may be obtained from any ACCME-approved CME Category 1 activity and any ACCME-approved Vendor/Provider.
3. Candidates must be prepared to provide documentation of all CME Category 1 certificates in the event of audit (10% of MOC applications will undergo random audit each year).
4. Candidates must sign an Attestation Statement which attests that the Vendor/Provider being applied to NBPNS MOC was nutrition-specific.
5. Key Words for nutrition-specific ACCME-approved CME Category 1 activity include (but are not limited to): Weight Loss, Malnutrition, PCM, Sarcopenia, Stress Metabolism, Anorexia, Bulimia, Eating Disorder, TPN, Parenteral Nutrition, Enteral Feeding, Tube Feeding, Nutritional Assessment, Metabolic Rate, Resting Energy Expenditure, Micronutrient Deficiency, Dehydration, Nutritional Edema, Electrolytes, Minerals, Vitamins, Impaired Glucose Metabolism, Dyslipdemia, Metabolic Syndrome, Insulin Resistance, Obesity, Adiposity, PCOS, Sleep Apnea, Cardiometabolic, Diabetes, Cardiovascular, Bariatric Surgery, Lap Band, Gastric Sleeve, Gastric Bypass.

C. Specific of ACCME-approved CME Category 1 Credit Requirements for NBPNS MOC Certification:

1. Candidates with current NBPNS certification are required to have completed a minimum of 50 hours of nutrition-specific ACCME-approved CME Category 1 Credits within the past 60 months to obtain NBPNS MOC recognition.
2. Candidates with expired NBPNS certification are required to have completed a minimum of 75 hours of nutrition-specific ACCME-approved CME Category 1 Credits within the past 60 months to obtain NBPNS MOC recognition.
3. NBPNS MOC recognition is valid for 5 years from the date of approval.

Please follow the instructions to complete and submit your application, supporting documentation and fees online at <https://secure.ptcnyc.com/recert/clients/nbpns/>.



| CME Activities Record | | | | |
|--|--------------|-----------------------|------------------------|-----------|
| (All activities must be category 1 CME and nutrition-specific) | | | | |
| CME Provider Name | CME Provider | Title of CME Activity | Date of CME Activity | CME Hours |
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| | | | TOTAL CME HOURS | |
| | | | NBPNS MEMBER CME HOURS | |

I agree to keep complete documentation of CME Activities listed above in my records, and submit the documentation at any time that NBPNS should request such documentation.

Candidate Signature: _____ Date: _____